

National Currency Watch

2025-09-12

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	8.5 mg	-1.5%	-8.4%	-30.3%	-46.7%
CAD	6.2 mg	-1.7%	-8.8%	-31.5%	-49.1%
EUR	10.0 mg	-1.8%	-7.9%	-26.0%	-47.2%
JPY	0.058 mg	-0.8%	-7.9%	-32.5%	-61.5%
CNY	1.20 mg	-2.2%	-6.8%	-30.8%	-49.9%

Digital Token Watch

2025-09-12

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	989.56 g	3.3%	-11.5%	39.4%	493.3%
Ethereum (ETH)	40.11 g	7.6%	-6.4%	39.0%	570.3%
Crypto Index (CCI30)	7,376.34 g	7.7%	-5.0%	27.5%	164.3%

Bond Watch

2025-09-12

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	0.71 g	-1.5%	-8.2%	-28.5%	-44.0%
US 20+ Year (TLT)	0.77 g	0.0%	-5.3%	-35.9%	-68.3%

Equity Watch

2025-09-12

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	390.46 g	-0.6%	-5.6%	-22.2%	-11.6%
S&P 500	56.09 g	0.0%	-6.5%	-18.0%	5.1%
Nikkei 225	2.59 g	3.3%	-3.4%	-18.0%	-26.4%
Euro STOXX (FEZ)	0.515 g	-0.2%	-7.2%	-17.6%	-15.7%
HUI	4.76 g	2.4%	7.6%	21.3%	-12.6%

Commodity Watch

2025-09-12

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	0.534 g/bbl	-2.8%	-9.2%	-36.6%	-10.5%
Platinum	11.92 g/oz	-1.1%	-4.1%	1.0%	-19.7%
Palladium	10.38 g/oz	6.1%	-2.3%	-17.6%	-71.8%
Silver	0.360 g/oz	2.1%	2.7%	2.4%	-16.1%
Copper	39.1 mg/lb	0.8%	-6.8%	-22.6%	-19.5%
Coffee	35.0 mg/lb	4.8%	19.3%	13.6%	65.4%
Cotton	5.55 mg/lb	-0.8%	-11.0%	-35.1%	-46.3%