National Currency Watch	2023-12-15				
·		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	15.3 mg	-1.2%	-3.6%	-12.2%	-39.2%
CAD	11.4 mg	0.5%	-1.5%	-10.6%	-39.2%
EUR	16.7 mg	0.2%	-3.1%	-10.1%	-41.3%
JPY	0.108 mg	0.7%	2.5%	-15.0%	-51.5%
CNY	2.11 mg	0.0%	-0.5%	-14.6%	-41.6%
Digital Token Watch	2023-12-15				
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	642.67 g	-6.1%	6.7%	112.2%	688.6%
Ethereum (ETH)	35.23 g	-2.5%	12.6%	56.4%	1,559.6%
Crypto Index (CCi30)	6,324.52 g	-4.2%	5.3%	51.5%	284.4%
Bond Watch	2023-12-15				
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.25 g	-0.6%	-2.5%	-9.2%	-36.8%
US 20+ Year (TLT)	1.52 g	4.0%	8.7%	-17.0%	-44.3%
Equity Watch	2023-12-15				
		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	570.94 g	1.7%	2.7%	-1.4%	-5.9%
S&P 500	72.23 g	1.3%	1.0%	6.3%	10.3%
Nikkei 225	3.55 g	2.8%	0.9%	-0.1%	-25.1%
Euro STOXX (FEZ)	0.72 g	0.2%	2.0%	6.2%	-14.9%
HUI	3.65 g	2.7%	6.1%	-5.5%	-5.0%
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Commodity Watch	2023-12-15	Chango from			
	Duine in Cold	Change from			
Omida Oil	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.093 g/bbl	-0.9%	-10.2%	-17.6%	-15.2%
Platinum	14.48 g/oz	1.9%	1.6%	-18.1%	-26.7%
Palladium	17.29 g/oz	14.5%	6.6%	-47.7%	-44.3%
Silver	0.370 g/oz	0.5%	-0.4%	-8.4%	0.9%
Copper	59.5 mg/lb	0.5%	0.7%	-9.4%	-14.5%
Coffee	30.9 mg/lb 12.2 mg/lb	7.7%	7.5%	3.3%	20.0%
Cotton	12.2 HIG/ID	-3.0%	-1.8%	-13.4%	-39.0%