

National Currency Watch 2023-12-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
USD	15.2 mg	-2.2%	-2.9%	-11.8%	-40.5%
CAD	11.3 mg	-1.4%	-0.1%	-12.3%	-41.4%
EUR	16.5 mg	-2.7%	0.3%	-8.5%	-42.8%
JPY	0.104 mg	-0.4%	-0.1%	-18.4%	-54.0%
CNY	2.11 mg	-2.1%	0.3%	-14.4%	-42.1%

Digital Token Watch 2023-12-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Bitcoin (BTC)	588.31 g	0.3%	6.0%	101.0%	446.4%
Ethereum (ETH)	31.35 g	-2.6%	10.8%	36.4%	984.5%
Crypto Index (CCi30)	5,696.22 g	-0.8%	10.7%	33.7%	146.2%

Bond Watch 2023-12-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
US 1-3 Year (SHY)	1.24 g	-1.8%	-1.8%	-9.2%	-38.3%
US 20+ Year (TLT)	1.41 g	1.3%	6.1%	-20.4%	-47.6%

Equity Watch 2023-12-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
DJIA	551.17 g	0.2%	5.8%	-7.1%	-15.5%
S&P 500	69.87 g	-1.4%	5.3%	-0.6%	-0.9%
Nikkei 225	3.46 g	-1.0%	5.7%	-3.4%	-31.2%
Euro STOXX (FEZ)	0.70 g	-1.7%	7.8%	0.9%	-21.9%
HUI	3.73 g	5.7%	10.0%	-9.0%	0.6%

Commodity Watch 2023-12-01

		Change from			
	Price in Gold	Week ago	Month ago	Year ago	5 Years ago
Crude Oil	1.126 g/bbl	-4.1%	-10.6%	-19.6%	-13.4%
Platinum	14.13 g/oz	-0.8%	-2.9%	-21.3%	-31.3%
Palladium	15.34 g/oz	-5.8%	-13.2%	-53.3%	-50.2%
Silver	0.383 g/oz	3.8%	7.8%	0.2%	5.2%
Copper	59.4 mg/lb	0.7%	4.1%	-9.6%	-16.5%
Coffee	29.5 mg/lb	6.2%	17.8%	4.6%	7.3%
Cotton	11.9 mg/lb	-4.6%	-4.1%	-19.5%	-40.8%